

IAGLCWDC Line Dance Competitions
Step Sheet for

Picnic Polka *(updated 10/25/2020)*

Choreographed by David Padden

Description: 48 Count, 4 Wall Line Dance

IAGLCWDC Division: Beginner

IAGLCWDC Music Selection: "Cowboy Sweetheart", sung by LeAnn Rimes, 118 BPM,

CD: Unchained Melody: The Early Years

RIGHT TOE, HEEL, CHA CHA CHA, LEFT TOE, HEEL, CHA CHA CHA

1-2 Touch Right toe to Left instep, Touch Right heel to Left instep

3&4 Triple step on Right, Left, Right

5-6 Touch Left toe to Right instep, Touch Left heel to Right instep

7&8 Triple step in place on Left, Right, Left

SHUFFLE FORWARD AND BACK

9&10 Shuffle forward on Right, Left, Right

11&12 Shuffle forward on Left, Right, Left

13&14 Shuffle backward on Right, Left, Right

15&16 Shuffle backward on Left, Right, Left

RIGHT ROLLING VINE, STAMP AND CLAP, LEFT ROLLING VINE, STAMP AND CLAP

17-20 Right rolling vine on Right, Left, Right, Stamp and clap

21-24 Left rolling vine on Left, Right, Left, Stamp and clap

RIGHT KICK-BALL-CHANGE (twice), TURN, TURN

25&26 Kick Right foot forward, Step in place on ball of Right foot,
Step Left foot next to Right

27&28 Kick Right foot forward, Step on place on ball of Right foot,
Step Left foot next to Right

29-30 Step forward on Right foot, Pivot half turn left

31-32 Step forward on Right foot, Pivot half turn left

STOMP, CLAPS, CROSSING RIGHT SHUFFLE, TURN AND FORWARD SHUFFLE

33-36 Stomp Right foot (diagonally forward and slightly to the right),
Clap hands three times

37&38 Cross Leftover Right and shuffle to right on Left, Right, Left

39&40 Quarter turn right and shuffle forward on Right, Left, Right

**TURN AND LEFT CHASSE, TURN AND BACKWARD SHUFFLE, STEP FORWARD LEFT,
RIGHT, LEFT, STAMP**

41&42 Quarter turn right and step Left foot to left, Step Right foot
next to Left, Step Left foot to left

43&44 Quarter turn right and shuffle backward on Right, Left, Right

45-48 Walk forward on Left, Right, Left, Stamp Right

Start Again!