

All Shook Up

Choreographer: Naomi Fleetwood

Description: 1 wall, intermediate line dance

Music: All Shook Up by Elvis Presley or Billy Joel



PART A:

SHUFFLE FORWARD LEFT AND RIGHT

1&2 Shuffle forward Left, Right, Left
3&4 Shuffle forward Right, Left Right

LEFT GRAPEVINE AND TOUCH

5-8 Step L Foot to left, Step R Foot behind L, Step L Foot to left, Touch R in place

SHUFFLE BACKWARDS RIGHT AND LEFT

9&10 Shuffle backwards Right, Left, Right
11&12 Shuffle backwards Left, Right, Left

RIGHT GRAPEVINE AND TOUCH

13-16 Step R Foot to right, Step L Foot behind R, Step R Foot to right, Touch R in place

WALK FORWARD LEFT, RIGHT, LEFT, KICK RIGHT

17-20 Walk forward Left, Right, Left, Kick Right

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

21-24 Walk Back Right, Left, Right, Touch Left in place

STOMP LEFT TO LEFT SIDE, CLAP, PULL, PAUSE

25 Stomp Left to Left Side and extend Left arm to the left
26-27 Clap Right hand on Left, Pull Right hand to chest, as if with a bow and arrow
28 Pause

ROLL HIPS TWICE (*ELVIS HIPS!*)

29-32 Rolls hips twice as if you were Elvis himself!

Continued on back side...

PART B:

LEFT GRAPEVINE AND TOUCH

33-36 Step L Foot to left, Step R behind L, Step L Foot to left, Touch R in place

½ PIVOT TO THE LEFT TWICE

37-38 Touch R Foot forward, Pivot ½ Turn to the left (*weight stays on L Foot*)

39-40 Touch R Foot forward, Pivot ½ Turn to the left (*weight stays on L Foot*)

RIGHT GRAPEVINE AND TOUCH

41-44 Step R Foot to right, Step L Foot behind R, Step R Foot to right, Touch R in place

½ PIVOT TO THE RIGHT TWICE

45-46 Touch L Foot forward, Pivot ½ Turn to the right (*weight stays on R Foot*)

47-48 Touch L Foot forward, Pivot ½ Turn to the right (*weight stays on R Foot*)

49-96 REPEAT PART “A” and PART “B”

PART C:

LEFT GRAPEVINE, ½ LEFT PIVOT AND RIGHT HITCH

97-99 Step L Foot to left, Step R Foot behind L, Step L Foot to left, Touch R in place

100 Do a ½ Left Pivot on the ball of the L Foot *and* Hitch on your L Foot with your R Foot

WALK BACKWARDS RIGHT, LEFT, RIGHT, TOUCH

101-104 Walk backwards Right, Left, Right, Touch L in place

4 TOE-STEPS FORWARD

105-106 Touch Left Toe Forward, Put heel down and step on Left Foot

107-108 Touch Right Toe Forward, Put heel down and step on Right Foot

109-110 Touch Left Toe Forward, Put heel down and step on Left Foot

111-112 Touch Right Toe Forward, Put heel down and step on Right Foot

113-130 Repeat counts 97-112

Begin again and repeat Parts “A”, “B”, and “C” in sequence for the duration.