

The Sway

- 12 counts
- Best done to slow 4-count ballads (not waltzes)
- Done in a circle with Lead in back, Follow in front, both facing the outside of the circle.
- Hands held about shoulder height.
- On first turn, drop left hands, then rejoin after the turn.
- On second turn, drop left hands, then rejoin after the turn.

4 SWAYS LEFT, RIGHT, LEFT RIGHT

1 – 4 Sway left, sway right, sway left, sway right

GRAPEVINE LEFT WITH A ½ TURN

5 – 6 Left step to left side, cross right behind left

7 – 8 Left step to left side, ½ left and step on your right

LEFT BEHIND, RIGHT SIDE, ½ TURN, STEP

9 – 10 Cross left behind right, step right to side

11 – 12 ½ right turn and step on left foot, Right step to side

Begin again!

NOTE: There may be similar variations out there, but this is the one that we have always done in the Twin Cities.